

Musical rhythm spectra from Bach to Joplin obey a $1/f$ power law

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Edited* by Dale Purves, Duke University Medical Center, Durham, NC, and approved January 10, 2012 (received for review August 31, 2011)

Much of our enjoyment of music comes from its balance of predictability and surprise. Musical pitch fluctuations follow a $1/f$ power law that precisely achieves this balance. Musical rhythms, especially those of Western classical music, are considered highly regular and predictable, and this predictability has been hypothesized to underlie rhythm's contribution to our enjoyment of music. Are musical rhythms indeed entirely predictable and how do they vary with genre and composer? To answer this question, we analyzed the rhythm spectra of 1,788 movements from 558 compositions of Western classical music. We found that an overwhelming majority of rhythms obeyed a $1/f^\beta$ power law across 16 subgenres and 40 composers, with β ranging from ~ 0.5 – 1 . Notably, classical composers, whose compositions are known to exhibit nearly identical $1/f$ pitch spectra, demonstrated distinctive $1/f$ rhythm spectra: Beethoven's rhythms were among the most predictable, and Mozart's among the least. Our finding of the ubiquity of $1/f$ rhythm spectra in compositions spanning nearly four centuries demonstrates that, as with musical pitch, musical rhythms also exhibit a balance of predictability and surprise that could contribute in a fundamental way to our aesthetic experience of music. Although music compositions are intended to be performed, the fact that the notated rhythms follow a $1/f$ spectrum indicates that such structure is no mere artifact of performance or perception, but rather, exists within the written composition before the music is performed. Furthermore, composers systematically manipulate (consciously or otherwise) the predictability in $1/f$ rhythms to give their compositions unique identities.

musical structure | $1/f$ distributions | fractal mathematics | temporal perception

Musical behaviors—singing, dancing, and playing instruments—date back to Neanderthals (1), and have been a part of every human culture as far back as we know (2, 3). People experience great enjoyment and pleasure from music (4–6), and music theorists have argued that this enjoyment stems in part from the structural features of music, such as the generation and violation of expectations (5, 7–11). Mathematics has often been used to characterize, model, and understand music, from Schenkerian analysis (12, 13) to neural topography (14) and geometric models of tonality (15, 16). One particular mathematical relation that has received attention in music is the $1/f$ distribution, which Mandelbrot (17) termed “fractal.”

$1/f$ distributions have been found to be a key feature of a number of natural and sensory phenomena. In analyzing the frequency of several natural disasters, including earthquakes, landslides, floods, and terrestrial meteor impacts, Hsü (18) found an inverse log-log linear (fractal) relation between the frequency and the intensity of the events:

$$f = c/M^D \quad [1]$$

where f is the temporal frequency, M is a parameter indexing the intensity of the events, c is a constant of proportionality, and D is the fractal dimension. The well-known Richardson Effect

(19, 20), which began the modern study of fractals, states that measurements of natural phenomena are characterized by $1/f$ noise. $1/f$ fluctuations are also a prominent feature of human cognition. Neurons in primary visual cortex were found to exhibit higher gain, and the spike responses exhibit higher coding efficiency and information transmission rates for $1/f$ signals (21), and the fluctuations of voltage across the resting membrane of myelinated nerve fibers show a $1/f$ spectrum (22); these findings suggest that human sensory and neural systems evolved to encode certain regularities in the physical world (23, 24), in this case, those that manifest self-similarity.

The spectral power of such signals decays exponentially with frequency (f) as $[1/f]^\beta$ (where β is the spectral exponent). Although large values of β (>2) indicate greater long-range correlations, and hence, highly predictable signals, very small β s (<0.5) indicate highly unpredictable signals: An extreme example is white noise ($\beta = 0$), the structure of which is entirely unpredictable (25). On the other hand, musical pitch and loudness fluctuations are known to have an intermediate range of β values ($1 < \beta < 2$), and this range has been suggested to indicate a level of predictability that is optimal to our musical experience (26, 27).

In contrast, musical rhythms, note onsets, and durations in Western classical music are considered highly regular and predictable, so much so that the term “rhythmic” has come to be synonymous with “recurring,” “regular,” or “periodic.” Because music has a beat and is based on repetition, it has been said that “what” the next musical event will be is not always easy to guess, but “when” it is likely to happen can be easily predicted (11). In fact, this comforting predictability has been suggested to underlie rhythm's fundamental contribution to the aesthetic experience of music (7, 28, 29).

It has been previously suggested that music can be characterized by a fractal geometry (30–32), obeying a $1/f$ power law. This suggestion was demonstrated for the amplitude (26, 27) and pitch structure (33, 34) of music. Here we show that the temporal/rhythmic properties of music across a wide range of compositions also obey the $1/f$ law, or fractal relation.

We analyzed the spectral structure of musical rhythms (indexed by note onsets, and using a multitaper spectral analysis) to investigate whether these are indeed as regular and predictable as commonly claimed. Whereas previous researchers have studied only a handful of compositions by Bach, Mozart, and European folk songs (26, 27, 33, 34), we sought to increase the generalizability and importance of such findings by leveraging the power of a large database of notated musical compositions,

Author contributions: D.J.L. and V.M. designed research; D.J.L., P.C., and V.M. performed research; and D.J.L., P.C., and V.M. wrote the paper.

The authors declare no conflict of interest.

*This Direct Submission article had a prearranged editor.

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1113828109/-DCSupplemental.

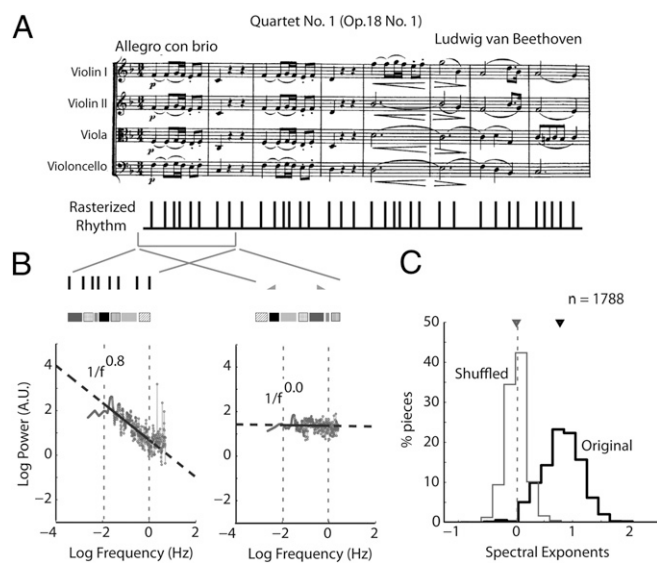


Fig. 2. Musical rhythm spectra obey a $1/f$ power law. (A) Rasterized rhythm representation (Lower) showing note onsets extracted from Beethoven's Quartet Op. 18. No. 1 (score, Upper). The representation shown is schematic: actual durations were extracted from the Humdrum kern format (*Materials and Methods*). (B) (Left) The spectrum of the rhythm raster from A has power that decays linearly (in a log-scale) with frequency as $1/f$ (gray dots). The slope of the spectrum (spectral exponent or β) is 0.8. Colored segments show the sequence of durations (internote intervals). Black line represents the linear fit to the spectrum in the frequency range of 0.01 to 1 Hz (delineated by dotted vertical gray lines). Dashed line represents extrapolation of the linear fit to other frequencies. (Right) The spectrum of a sequence with the note onsets shuffled randomly, keeping durations intact. The shuffled spectrum is flat ($\beta = 0.0$). Other conventions are as shown (Left). (C) Distribution of rhythm spectral exponents pooled across genres (black) obtained by linear fits to individual pieces across the population of 1,788 pieces analyzed. Gray: spectral exponent distribution for the corresponding shuffled rhythms. Inverted triangles represent the distribution median. Dashed vertical line: $\beta = 0$.

ragtime, had among the smallest β -values, indicating the least-predictable rhythms (Fig. 3E and Fig. S1).

The β -values for compositions grouped by composer revealed a surprising trend: β -distributions varied widely across composers regardless of period or style (Fig. 4 and Table S2). Beethoven, Haydn, and Mozart demonstrated different $1/f$ rhythm spectra. Beethoven's rhythms exhibited the largest β s (and thus the most predictability), Mozart's β s were among the smallest (with the least predictability), whereas those of Haydn were intermediate between those of Mozart and Beethoven, and significantly different from either (Fig. 4 A, B, and E) [Tukey–Kramer honestly significantly different (HSD), $P < 0.05$; see *Materials and Methods*]. Monteverdi and Joplin (Table S2) exhibited nearly identical, overlapping rhythm β -distributions (Tukey–Kramer HSD, $P > 0.05$) (Fig. 4 C–E). Figs. 3E and 4E display 95% confidence intervals (CI); nonoverlapping CIs are significant at $P < 0.05$.

Discussion

Most listeners find music pleasing when it creates an optimal balance of predictability and surprise (7–9, 28, 29). Whereas such a balance was previously attributed exclusively to $1/f$ structure in musical pitch and amplitude (26, 27, 33, 34), the present results demonstrate that musical rhythms also exhibit $1/f$ spectral structure. The $1/f$ structure allows us to quantify the range of predictability, self-similarity, or fractal-like structure within which listeners find aesthetic pleasure. Critically, compositions across four centuries and several subgenres of Western classical music all demonstrated $1/f$ structure in their rhythm spectra.

A previous study analyzing classical compositions from the 18th to 20th centuries reported nearly identical $1/f$ pitch structure among composers, with a very narrow range of spectral exponents ($1.79 \leq \beta \leq 1.97$) (8). The $1/f$ pitch structure could not systematically delineate one composer's work from another. In contrast, our findings demonstrate that $1/f$ rhythm spectral exponents varied widely and systematically among composers ($0.48 \leq \beta \leq 1.05$). Even composers belonging to the same musical era (1750–1820, the Classical era), such as Beethoven, Haydn, and Mozart, demonstrated distinctive $1/f$ rhythm spectra. Conversely, Monteverdi and Joplin, composers of entirely different musical eras and composing nearly three centuries apart, exhibited similar rhythm spectra. These results suggest a heretofore underappreciated importance of rhythm and hint at its even greater role than pitch in conveying the distinctive style of composers.

Human perception is known to be sensitive to $1/f$ structure in the environment (21, 22, 25, 36, 39, 40), and electrophysiological studies have suggested a preference of sensory neural coding for $1/f$ signals (21, 39, 41). How does this relate to music? The balance of expectations both realized and violated in pleasurable music requires a certain amount of instability in the temporal structure, and such dynamical instability may best be modeled by a power law for temporal fluctuation (42).

Cognitive psychologists (43) have noted that human performance in a variety of tasks, including the production of rhythmic sequences by finger tapping (44), fluctuates over time according to $1/f$. Here, we reveal that this same structure characterizes the stage of human cognition before action: the written composition of temporal intervals that will become action plans only at a later date when performed by musicians. Thus, $1/f$ is not merely an artifact of performance, but exists in the written scores themselves. Perhaps composers can't help but produce $1/f$ rhythm spectra, perhaps musical conventions require this. From a psychological standpoint, the finding suggests that composers have internalized some of the regularities of the physical world as it interacts with biological systems (including the mind) to recreate self-similarity in works of musical art (cf. 24).

Our finding of $1/f$ rhythm structure in nearly four centuries of musical compositions may therefore be rooted in a fundamental propensity of our sensory and motor systems to both perceive and produce $1/f$ structure (44, 45).

Finally, an important methodological contribution of our study is the development of raster representations borrowed from the neuroscience literature, combined with a multitaper spectral analysis (*SI Materials and Methods*) to rigorously examine rhythm structure in music. Although pitch and loudness are musical attributes that can be represented as a continuous signal having a specific value at each instant of time (36), musical rhythms are essentially sequences of note durations (intervals of time) that, by definition, cannot be represented as a continuous signal with a specific value at each point in time. Representation of rhythmic structure as point processes allows us to examine spectral and temporal dynamics with unprecedented mathematical precision and rigor. The methods developed in our study are likely to be useful for addressing many other important questions involving rhythmicity in music and speech across cultures.

Materials and Methods

Analysis of Musical Scores. All musical scores were drawn from the Humdrum Kern database (46). Voices (instruments) and durations were extracted with custom scripts using the Humdrum Toolkit (47). Musical movements, which are self-contained sections of larger compositions, were treated as independent units (pieces). Onsets for each voice of each piece were converted into a time-aligned raster representation, providing a marker of interonset intervals (interevent durations). Onsets from different voices were merged (as shown in Fig. 2A). Rhythm spectra were then computed with the multitaper approach using the Chronux toolbox (35, 48). The multitaper approach (35) minimizes the variance (and spectral leakage) of the spectral estimate

exponent means based on the Tukey–Kramer HSD criterion. Statistical analyses were performed in Matlab. We repeated the spectral analysis for each voice extracted separately, normalizing all pieces to the same total duration, as well as including pieces of all lengths (< 200 notes), and observed results similar to those reported here. Plots of the power spectra for individual composers and genres, as well as additional details on the compositions used in this study, can be found in *SI Appendix 1* and *SI Appendix 2*.

Generation of Simulated 1/f Rhythms. To generate duration sequences that obey a power law of the form $[1/f]^\beta$ we modeled the internote intervals, or durations, (τ) as a multiplicative stochastic point process (53):

$$\tau_{k+1} = \tau_k + \gamma \tau_k^{2\mu-1} + \sigma \tau_k^\mu \epsilon_k \quad [2]$$

In this formula, γ is a relaxation factor, e represents a normally distributed, zero-mean, unit-variance, white-noise process, and σ represents a scaling factor for the SD of the white noise. The relaxation factor (γ) was varied to generate duration sequences with different spectral exponents (β). Other parameters were set to fixed values ($\mu = 0.0$, $\sigma = 0.05$). Larger values of the

relaxation factor led to sequences with longer (persistent) history effects: such sequences showed correlations over longer time windows (Fig. 1A), and exhibited 1/f spectra with larger β s (Fig. 1B). Duration sequences with $\beta = 2.0$ were generated with $\gamma = 0.025$, whereas sequences with $\beta = 1.0$ were generated with $\gamma = 0.0$. Sequences with $\beta = 0.0$ (white noise) were generated with $\gamma = 0.0$, but without the first term on the right hand side of Eq. 1, thus eliminating all history effects. Rhythm rasters were then derived from the duration sequences by placing “ticks” on the time axis such that successive ticks in time were separated by successive values in the duration sequence. All simulations were performed in Matlab.

ACKNOWLEDGMENTS. We thank Evan Balaban for assistance in developing the original idea for this study and Devarajan Sridharan for his help with generation and analysis of simulated rhythm sequences, rasterized representation of the musical rhythms from the Center for Computer Assisted Research in the Humanities database, multitaper spectral analysis, statistical analysis of rhythm spectra, and with figures and tables. This work was supported by National Science Foundation Grants BCS-0449927 (to V.M. and D.J.L.) and IIS-0855758 (to P.C.), by Natural Sciences and Engineering Research Council Grant 228175-10 and a Google Faculty Research Award (to D.J.L.).

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Supporting Information

Levitin et al. 10.1073/pnas.1113828109

SI Materials and Methods

Multitaper Spectral Analysis. The pieces were converted to point-process data as described in *Materials and Methods* (i.e., a vector consisting of the locations in time of all note onsets in each piece). From the raster representation of a piece i with onsets at $\{t_j^i\}$, $j = \{1, 2, 3, \dots, N_i\}$, and $t_N^i = T_i$, we compute the multitaper spectra using the K taper functions $\{h_k(t)\}$ as,

$$\hat{S}_i(f) = \sum_{k=1}^K \hat{S}_{i,k}(f)$$

where,

$$\hat{S}_{i,k}(f) = \frac{1}{N_i} J_{i,k}^*(f) J_{i,k}(f) = \frac{1}{N_i} |J_{i,k}(f)|^2$$

and,

$$J_{i,k}(f) = \sum_{j=1}^{N_i} h_k(t_j^i) e^{-i2\pi f t_j^i} = \frac{N_i H_k(f)}{T_i}$$

Here, $H_k(f)$ is the Fourier transform of $h_k(t)$. Here, we use three Slepian sequences ($K = 3$) to compute the spectra.

Compared with conventional spectral analysis, which uses a single type of analysis window, multitaper spectral analysis computes the spectrum several times with different windows; the final estimate is given by taking the average. In conventional spectral analysis, the window controls the trade-off between spectral resolution and spectral leakage between analysis channels. In multitaper spectral analysis, Slepian functions are used as windows, which are orthogonal and are designed to reduce spectral leakage. This approach leads to reduced estimate variance, compared with calculating the power spectrum using a single taper in a Fourier transform computed on the entire signal or using Welch's method.

Detrended Fluctuation Analysis and Hurst Exponent Calculation. Detrended fluctuation analysis (DFA) and Hurst exponent calculation were computed as additional tests of $1/f$ structure; these are often used to confirm $1/f$ structure after it has been revealed by spectral analysis. It has been shown that the slope of the log power spectrum (i.e., β in $[1/f]^\beta$) for time series can be estimated using these techniques (1–6).

For each song, as with the multitaper analysis, all voices were collapsed into a single time series representing the onset times of each note. Next, this time series was converted to durations by measuring the time between successive onsets. This duration time series was used for the DFA and Hurst analysis.

DFA is computed by converting the time series into a cumulative time series. This new series is then divided into windows of varying length (L); for each, a first-order polynomial was fit. The root-mean-square deviation from the trend of the cumulative

series gives the fluctuation $[F(L)]$. A scatter plot was made of the $\log[F(L)]$ vs. $\log(L)$, for various values of L . The slope of the regression curve gives an estimate of α . An α -value of 0.5 indicates white noise, and an α -value of 1 indicates $1/f$ structure with a β -value of 1. Our estimate of β , averaged across all pieces, using this technique was 0.84, very similar to the estimate 0.85 derived using multitaper spectral analysis.

The Hurst exponent is based on calculating the rescaled range of the time series for all partial time series of length n . First, the mean is subtracted from the time series. Next, the cumulative time series is computed. The range and SD for the time series is calculated for all n less than the total length. The ratio of the range to the SD is referred to as the rescaled range and is averaged for all partial time series of length n . The curve of n versus the rescaled range is then fit using a power law curve, with the exponent giving the Hurst exponent (H), where $\beta = 2H - 1$. Using this procedure on the duration time series of each piece, the average β was 0.88, nearly identical to the DFA and multitaper estimates.

Statistics, Bootstrapping, and Control Experiment. In the experiments reported here, we were interested in (i) computing the statistical significance of each power exponent β and (ii) computing the confidence intervals for β by genre and composer. To accomplish this, we used a bootstrapping approach (4) to compute the null distribution and estimate the statistical significance of obtaining the estimated β -parameter estimates for each genre and composer. Shuffled versions of each musical composition were created by randomly permuting the note onsets and rasterizing the resulting sequence. The shuffled versions of the compositions control for the possibility that a random collection of durations would give rise to $1/f$, or even that a randomly ordered collection of the durations used in the composition would give rise to $1/f$. The shuffling also allows for a tighter experimental design in which each stimulus can serve as its own control. Instead, we find that only this particular arrangement of durations gives rise to $1/f$, strongly supporting the point that $1/f$ characterizes not all sound sequences, but those that are considered to be well-formed. This is a rigorous and widely used method that requires minimal assumptions about the underlying distribution and is the recommended procedure when the testing the significance of individual samples and when the theoretical distribution of a measure is unknown (4).

The Wilcoxon signed-rank test was chosen to compare distributions because it is a nonparametric (distribution independent) test, and so does not require that we make any assumptions about the underlying distribution of the data. Although not as powerful as parametric or General Linear Model-based tests, it is a more conservative test, far less prone to type I errors (7). The fact that the results reached significance at $P < 0.01$ with a conservative test, after adjusting for multiple comparisons, strengthens our claim of an effect.

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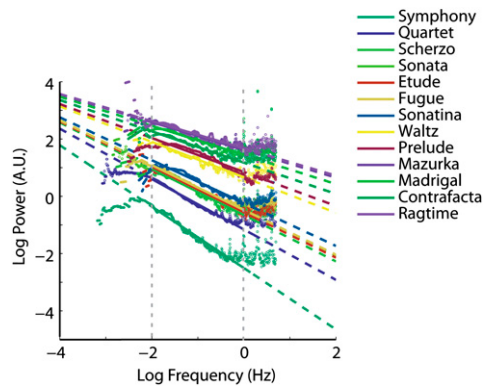


Fig. S1. Average rhythm spectra for select genres ordered by spectral exponent. Spectra are displaced by different amounts along the y axis (based on slope) for clarity of presentation. Other conventions are as in Fig. 2.

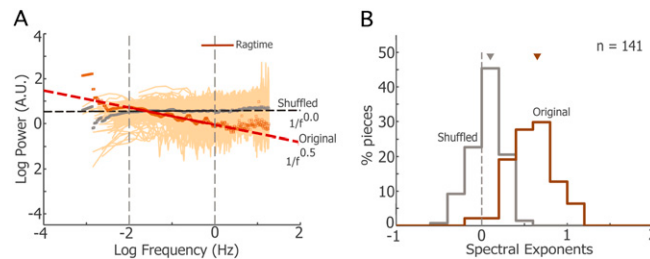


Fig. S2. The $1/f$ rhythm spectra for Ragtime (compare with Fig. 3 in main text) (A) Rhythm spectra for ragtime. Average spectra (brown points) and linear fit (brown) to average spectrum in the frequency range of 0.01 to 1 Hz. Faded orange lines represent spectra of individual pieces. Gray data represent spectra of shuffled rhythms. Other conventions are as in Fig. 2B. (B) Distribution of rhythm spectral exponents obtained by linear fits to individual pieces (brown), and for the corresponding shuffled rhythms (gray). Inverted triangle represents median exponents. Dashed vertical line: $\beta = 0$.

Table S1. Summary statistics for compositions of select genres ordered by decreasing mean spectral exponents

Genre	No. of movements (no. of voices)	Note durations (s)	Piece lengths (s)	β (original)	β (shuffled)	<i>P</i> value $\beta_{\text{orig}} > \beta_{\text{shuf}}$
Symphony	25 (2–21)	0.42 (0.37)	671 (417)	1.04 (0.22)	0.03 (0.13)	0.000
Quartet	723 (4–6)	0.23 (0.29)	347 (191)	0.85 (0.27)	0.00 (0.15)	0.000
Scherzo	11 (2–5)	0.12 (0.17)	211 (169)	0.81 (0.18)	0.10 (0.24)	0.001
Sonata	586 (1–8)	0.20 (0.25)	163 (93)	0.78 (0.37)	0.05 (0.22)	0.000
Etude	19 (2)	0.12 (0.16)	101 (31)	0.77 (0.40)	0.07 (0.16)	0.000
Fugue	51 (2–5)	0.14 (0.17)	164 (82)	0.75 (0.21)	0.01 (0.17)	0.000
Sonatina	48 (2–3)	0.15 (0.14)	95 (40)	0.67 (0.39)	0.05 (0.16)	0.000
Waltz	10 (2–3)	0.19 (0.17)	155 (66)	0.66 (0.36)	0.03 (0.18)	0.004
Prelude	56 (1–4)	0.26 (0.30)	115 (71)	0.62 (0.38)	0.09 (0.25)	0.000
Mazurka	50 (2)	0.20 (0.21)	138 (79)	0.53 (0.37)	0.03 (0.14)	0.000
Madrigal	24 (3–7)	0.45 (0.37)	146 (50)	0.53 (0.31)	0.02 (0.17)	0.000
Contrafacta	21 (5–7)	0.52 (0.36)	149 (47)	0.51 (0.33)	0.00 (0.14)	0.000
Ragtime	141 (2–3)	0.15 (0.14)	131 (53)	0.48 (0.26)	0.05 (0.17)	0.000

Values outside parentheses indicate means. Values inside parentheses indicate SDs across compositions (except for number of voices, which indicates a range) for that row.

Table S2. Summary statistics for compositions of select composers ordered by decreasing mean spectral exponents

Composer (period)	No. of movements (no. of voices)	Note durations (s)	Piece lengths (s)	β (original)	β (shuffled)	P value $\beta_{orig} > \beta_{shuf}$
Beethoven (1770–1827)	115 (2–5)	0.11 (0.17)	313 (162)	1.05 (0.25)	0.02 (0.14)	0.000
Vivaldi (1678–1741)	127 (2–8)	0.25 (0.21)	282 (153)	0.95 (0.37)	0.10 (0.29)	0.000
Frescobaldi (1583–1643)	40 (2–5)	0.44 (0.45)	237 (71)	0.94 (0.17)	0.08 (0.14)	0.000
Haydn (1732–1809)	230 (2–21)	0.36 (0.33)	371 (239)	0.84 (0.27)	0.00 (0.14)	0.000
Corelli (1653–1713)	141 (2–8)	0.36 (0.34)	160 (73)	0.76 (0.37)	0.11 (0.24)	0.000
Schubert (1797–1828)	14 (2–4)	0.15 (0.23)	174 (204)	0.76 (0.37)	0.04 (0.23)	0.000
Scarlatti (1685–1757)	54 (2)	0.13 (0.13)	116 (43)	0.68 (0.36)	0.01 (0.15)	0.000
Bach (1685–1750)	167 (1–13)	0.13 (0.20)	161 (124)	0.66 (0.37)	0.06 (0.23)	0.000
Chopin (1810–1849)	72 (2–3)	0.17 (0.19)	132 (92)	0.65 (0.42)	−0.04 (0.20)	0.000
Monteverdi (1567–1643)	22 (5–11)	0.53 (0.37)	157 (60)	0.55 (0.34)	0.00 (0.15)	0.000
Mozart (1756–1791)	173 (2–4)	0.29 (0.29)	198 (238)	0.54 (0.40)	0.03 (0.15)	0.000
Joplin (1868–1917)	90 (2–3)	0.15 (0.14)	133 (54)	0.49 (0.26)	0.02 (0.15)	0.000

The complete list of composers analyzed is J. S. Bach, Beethoven, Brahms, Buxtehude, Byrd, Chopin, Clementi, Corelli, Dufay, Dunstable, John Field, Flecha, Foster, Frescobaldi, Giovannelli, Grieg, Haydn, Friedrich Himmel, Isaac, Joplin, Josquin, Landini, Lassus, Liszt, MacDowell, Mendelssohn, Monteverdi, Mozart, Pachelbel, Prokofiev, Ravel, Scarlatti, Schubert, Schumann, Scriabin, Sinding, Turpin, Vecchi, Victoria, and Vivaldi. Other conventions are as in Table S1.

SI Appendix 1. Rhythm spectra for musical compositions grouped by genre (16 genres). Figures in each page show a different genre. In each figure, the *Upper Left* panel shows the individual rhythm spectra (light grey), mean rhythm spectrum for that genre (dark circles), and linear fit to the mean rhythm spectrum (dark line). Spectra are plotted as power as a function of frequency in a log-log scale. Dashed lines: extrapolations of the mean fit. The *Upper Right* panel shows the distribution of rhythm spectral exponents for that genre across pieces, with the mean exponent indicated on the top. Similarly, the *Lower Left* and *Right* panels of each figure show the rhythm spectra and distribution of spectral exponents, respectively, for the pieces with shuffled note onsets. The P value below the *Lower Right* panel indicates the level of significance for the difference between the means of the exponent distribution of the original and shuffled onset rhythm spectra (Wilcoxon signed rank test). Only pieces with more than 200 notes (onsets) were analyzed.

[SI Appendix 1](#)

SI Appendix 2. Same as [SI Appendix 1](#), except that pieces are grouped by composer (41 composers). Some genres and composers contributed very few pieces (less than 10) to the analysis: for these genres and composers, differences between original and shuffled rhythm spectral exponents did not always reach significance at the $P = 0.05$ level, although spectra for the original and shuffled pieces look clearly different (see for example, ballads, and composer, Josquin).

[SI Appendix 2](#)